







DARMOWY MATERIAŁ DO WYPRÓBOWANIA | FREE SAMPLE

EVERYDAY ENGLISH

30 Days of Speaking

A practical English speaking workbook.

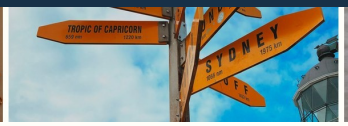
Speak more. Think less. Feel more confident.

WordBloom

WELCOME

Speak easy.







This workbook is not about memorising perfect grammar. It is about getting your mouth used to English.

Each day, learn a few useful phrases, say them aloud, answer a quiz, role-play a real situation, and finish with a short speaking challenge.

NAJWAŻNIEJSZE

Polish is here to help you understand. English is what you practise speaking.

HOW TO USE: 10-15 MINUTES A DAY

1 Say it	Read each phrase aloud 3 times. Focus on natural rhythm, not perfection.
2 Repeat	Read the chat. Then cover the page and try again.
3 Practise	Do the quiz and swap the words to make the phrase your own.
4 Role-play	Take both roles. Change the details to make it your own.
5 Quick challenge	Set a timer. Speak without stopping. If you forget a word, explain it another way.

YOUR DAILY PROMISE

Today I will speak for _____ minutes.

Tip: Record yourself once a week. You will notice progress much faster when you hear it.

Contents | Spis treści

Tap a day to jump to it. Tap "Contents" at the bottom of any page to come back.

Day 1 Greetings

Day 5 Daily Routine

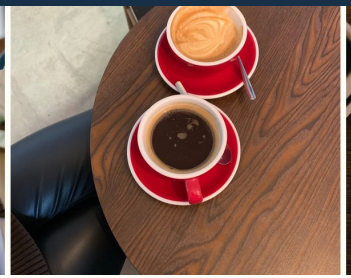
Day 8 At a Restaurant

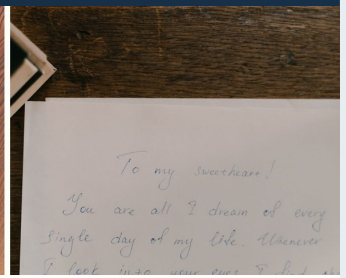
DAY 1

Greetings

Start a conversation naturally.







SAY IT | POWIEDZ TO

Hi, how are you?

Cześć, jak się masz?

Nice to meet you.

Miło cię poznać.





LISTEN & REPEAT | POSŁUCHAJ I POWTÓRZ

☐ ☐ ☐ read it aloud 3 times

A Hi, how are you?

B I'm good, thanks. How about you?

A I'm good too. Nice to meet you.

WSKAZÓWKA | PRONUNCIATION TIP

"How are you" czytamy płynnie: [hau a ju]. Nie rób przerw między słowami.

QUICK QUIZ | TICK THE BEST ANSWER

Someone says "Hi, how are you?" What is the best answer?

- ☐ I'm good, thanks. How about you?
- ☐ I am have a dog.
- ☐ Yesterday.

SWAP THE WORDS | CHANGE IT, MAKE IT YOURS

Hi, how are you _____?

today | this morning | these days

My version: _____

SPEAK | MÓW

Say hello to someone new. Ask how they are. Add one follow-up question.

ROLE-PLAY | ODEGRAJ SCENKĘ

You meet a colleague for the first time. A: start the conversation. B: respond and ask a question.

QUICK CHALLENGE | WYZWANIE

Speak for 30 seconds without stopping: greet someone, ask a question, respond.

30 seconds

MY NEW WORDS | MOJE NOWE SŁOWA

Today I will speak for: _____ minutes

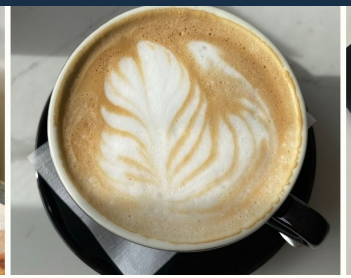
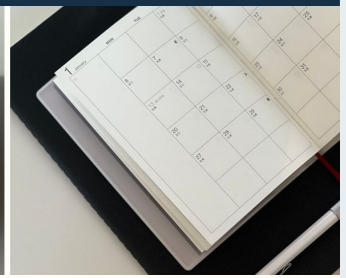
☐ Say it ☐ Quiz ☐ Speak ☐ Role-play ☐ Challenge

How confident do I feel? 1 2 3 4 5

DAY 5

Daily Routine

Describe your routine and handle flexible situations.

SAY IT | POWIEDZ TO

I usually...

Zwykle...

It depends.

To zależy.




LISTEN & REPEAT | POSŁUCHAJ I POWTÓRZ ☐ ☐ ☐ read it aloud 3 times

A What time do you usually start work?

B I usually start at eight. But it depends.

A What do you mean?

B If I have an early meeting, I start earlier.

WSKAZÓWKA | PRONUNCIATION TIP

"Usually" ma trzy sylaby: [ju-żu-ali]. Akcent na pierwszej: JU-żu-ali.

QUICK QUIZ | TICK THE BEST ANSWER

Which word shows what you do most of the time?

- ☐ never
- ☐ usually
- ☐ yesterday

SWAP THE WORDS | CHANGE IT, MAKE IT YOURS

I usually _____ at eight.

get up | start work | have breakfast | leave home

My version: _____

SPEAK | MÓW

Describe your morning. Then explain one thing that "depends."

ROLE-PLAY | ODEGRAJ SCENKĘ

Your friend asks about your normal weekday. A: ask questions. B: explain your routine.

QUICK CHALLENGE | WYZWANIE

Describe yesterday from morning to evening without reading notes.

60 seconds

MY NEW WORDS | MOJE NOWE SŁOWA

Today I will speak for: _____ minutes ☐ Say it ☐ Quiz ☐ Speak ☐ Role-play ☐ Challenge

How confident do I feel? 1 2 3 4 5

DAY 8

At a Restaurant

Order food and finish the meal politely.





SAY IT | POWIEDZ TO

I'll have...

Poproszę...

Could we get the bill, please?

Czy możemy prosić o rachunek?




LISTEN & REPEAT | POSŁUCHAJ I POWTÓRZ ☐ ☐ ☐ read it aloud 3 times

A Are you ready to order?

B Yes. I'll have the chicken, please.

A Anything to drink?

B Just water, thanks.

A Anything else?

B No, that's all. Could we get the bill, please?

WSKAZÓWKA | PRONUNCIATION TIP

"I'll" brzmi [ajl]. W restauracji "the bill" (UK) i "the check" (USA) znaczą to samo.

QUICK QUIZ | TICK THE BEST ANSWER

At the end of the meal you say...

- ☐ Could we get the bill, please?
- ☐ Give me paper.
- ☐ I go home now.

SWAP THE WORDS | CHANGE IT, MAKE IT YOURS

I'll have the _____, please.

chicken | soup | pasta | salad

My version: _____

SPEAK | MÓW

Order a main dish and drink. Ask for the bill.

ROLE-PLAY | ODEGRAJ SCENKĘ

You are having dinner with a friend. A: order and ask for the bill. B: waiter.

QUICK CHALLENGE | WYZWANIE

Give yourself a full restaurant role-play from "Good evening" to "Thank you, have a nice evening."

60 seconds

MY NEW WORDS | MOJE NOWE SŁOWA

Today I will speak for: _____ minutes ☐ Say it ☐ Quiz ☐ Speak ☐ Role-play ☐ Challenge

How confident do I feel? 1 2 3 4 5



YOU FINISHED 3 SAMPLE DAYS

Ready for all 30 days?

The full workbook has 30 speaking days with photos, dialogues, quizzes, swap-the-words practice, role-plays, timed challenges and a progress tracker.

Wyślij wiadomość

Message me and let me know your English needs.
wordbloom.ca